

Judson 2009 Smart Living Award Winner



Lynne Wiseman, Healthcare

In the words of Joan Baez, “Every day is a new chance to get it right.” Lynne Wiseman lives these words as a volunteer counselor in the behavioral health department at [The Cleveland Free Clinic](#).

“I love giving back,” Wiseman says. “I love working with a population that doesn’t have the perfect days that some of us have. And I gain energy from working with selfless, giving people who feel the same way I do.”

The Cleveland Free Clinic is a staple offering quality health care free of charge to those who lack appropriate alternatives. Wiseman sees her work at the clinic as a privilege. There, she provides psychotherapy to clients with an array of emotional disorders and mental illnesses.

Her most gratifying moments are when patients recognize their own strength.

Wiseman sets an example of resilience, and her positive attitude is contagious. “I think the world can get better. I really do believe that,” she says.

Her dream of fusing together the Free Clinic’s mental health department and medical clinic is becoming a reality. “In this economic climate, the balance of health care needs have changed, and psychotherapy is really crucial to chronic disease management,” she says.

Wiseman works in both departments now, calling on her skills as a nurse and counselor.

Wiseman is on the national register for Red Cross disaster relief, and she is a PhD candidate in counseling psychology at the [University of Akron](#).

Humbly, Wiseman says of her colleagues at the Free Clinic, “We can’t manage without the team.”

See the full story at [Judson 2009 Smart Living Award](#)